



The

Chetanya

Newsletter Edition 18 | Thursday, 22 December 2022

Times

SERVICE TILL ETERNITY CHETANYA'S FOUNDATION



We Wish you a

MERRY



Christmas

AND A HAPPY NEW YEAR

There is a Chinese saying that goes: "If you want happiness for an hour, take a nap. If you want happiness for a day, go fishing. If you want happiness for a year, inherit a fortune. If you want happiness for a lifetime, help somebody." For centuries, the greatest thinkers have suggested the same thing: Happiness is found in helping others.

And so, we learn early: It is better to give than to receive. The venerable aphorism is drummed into our heads from our first slice of a shared birthday cake. But is there a deeper truth behind the truism?

The resounding answer is yes. Scientific research provides compelling data to support the anecdotal evidence that giving is a powerful pathway to personal growth and lasting happiness. Experiments show evidence that altruism is hardwired in the brain—and it's pleasurable. Helping others may just be the secret to living a life that is not only happier but also healthier, wealthier, more productive, and meaningful.

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A note from Editor

Happy Christmas Chetanya Times Readers!

It's December, and soon we'll be celebrating another rotation around the sun! Usually, this is the time of year we give ourselves permission to slow down, gather with loved ones and reflect upon the net gains (and losses) of the last 365 days. It's also the time we forgive ourselves for falling short of the current year's goals. We replace them with a new set of goals and imbue them with just enough optimism to get us excited around starting over.

As you close out this year, let go of expectations, and appreciate your now! Because even if you are not ready for the day, it cannot and will not always be night.

Happy Holidays, and Happy New Year!



IELTS on Paper

VS

IELTS on Computer

One test that can take you places is IELTS, the world's most popular English language assessment tool for higher education and migration. There are several factors that make it so popular, one being worldwide availability – you get to choose from over 800 test centres dotted around the world.

Paper or Computer

The added appeal is that IELTS now comes in two forms, giving you the choice of taking it on paper or on computer. Whether you take IELTS on paper or on computer, most aspects of the test are the same: content, question types, security measures, scoring, speaking test delivery, test report forms, results verification.

The only thing that is different is the test experience.

What's the difference?

For a start, in the Listening section of IELTS on paper you get 10 extra minutes at the end to transfer your answers from the question paper to the answer sheet, while on computer you don't. Here, **you need to type answers on to the computer** as you listen to the audio extract in each part. Although you'll have time between parts of the test to check answers, there is no extra transfer time at the end. This is because you'll have already completed entering answers to all 40 questions by then.

Another feature of IELTS on computer that test takers are likely to find useful is the display of **word count** in the Writing section. Unlike in IELTS on paper, you won't need to spend time forming a rough idea of how many words you've written in response to each Writing task. The word count for each response will be displayed at the bottom of your computer screen throughout; all you'll need to do is ensure that you meet the word count set for each task.

And since we are on the subject of handy features, here are two more: IELTS on computer comes with tools that you can use to **highlight text** and **make**

notes during the Listening and Reading sections. In the next part, you can read about how IELTS on computer offers more flexibility – don't miss it.

More Test Dates

A significant advantage of IELTS on computer is the degree of flexibility it offers test takers. For starters, **exam dates are available round the year**: many test centres have exam sessions up to 3 times a day and up to 7 days a week. This means that IELTS on computer can be taken on a date and at a time that you find most convenient. So, if you need to take the test at a moment's notice, the computer version could offer you many more dates to choose from.

Test Venue

As far as test venues go, IELTS on computer is normally conducted in **small, custom-built facilities** that can accommodate only about a handful of test takers. These computer labs typically make use of the latest technology and have technical staff on hand to help test takers if needed. IELTS on Paper test sessions, on the other hand, are usually held in larger spaces at places such as universities or hotels. This is because there are fewer test dates per month, so test taker numbers per session is generally higher.

Fast Results

Finally, the best-selling point of IELTS on computer is perhaps its **faster results turnaround time**. If you take IELTS on computer, your results can be previewed online 3 to 5 days from your test date. So, if you're someone in desperate need of IELTS scores so as to meet a visa or university application deadline, look no further than the computer version.

If typing into a computer is something you find easier than writing by hand, then IELTS on computer is definitely the test for you. You can book your test today and have your results by next week, allowing you to pursue your study or work goals without losing any time. And all this at no extra cost!

Five Common PTE Mistakes - and How Students Can Avoid Them



The PTE Academic exam tests a candidate's language ability for admission to recognized universities and professional designations. The test is divided into three parts: Speaking, writing, listening & reading. The total duration of the PTE Academic Exam is 2 hours.

Many PTE candidates get upset after scoring low score in the PTE exam, even after spending months on PTE Exam Preparation. It has been found that many PTE Academic candidates repeat the same mistakes in the test and fail to secure good score in the test. This article will discuss these mistakes and how to avoid them for an excellent PTE exam score.



1. Speaking too Fast "Haste makes waste", and rushing things leads to mistakes or poor results. Being too fast will not increase your score. Instead, you may lose your fluency in speaking and make frequent errors. You must speak at an average pace and maintain your speed throughout your speech.

2. Taking Frequent and Long Pauses

If you tend to take long pauses in between your speech, it may decrease your confidence level, and ultimately, will affect your score. Moreover, the PTE recording software stops recording audio if you take a break that is longer than 3 seconds. Hence, you must avoid this common error in your speaking test.

3. Not Completing the Task in a Given Time

Remember that time is crucial in the PTE Academic Exam. You must check the remaining time to complete other tasks. Especially, in time-bound tasks like SWT, Essay writing, and SST,

do remember the minute hand is constantly running. Do not spend much time on one section or even on one question; otherwise you will have less time to finish other tasks.

4. Fail to Adhere to Word Limit

The word limit plays a crucial role in the PTE Writing Section and Listening Section. Do not write beyond the word limit in the Summarise Written Text (5-75 words) and stick to 200-300 words in the Essay part of the PTE writing. In Listening Summarise Spoken Text, you are bound to type your response in between 50-70 words. Writing more or less than the given limit may lower your score.

5. Not Using Correct Spelling and Punctuation

Spelling and punctuation are as essential as grammar in writing. Spelling errors are often counted as small mistakes, but you have to be careful with your writing and pay close attention to spelling and punctuation.

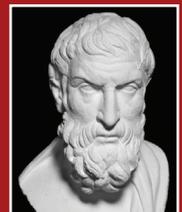
There is a deduction of (-1) with each spelling error to the maximum of (-2) in specific questions related to the writing.

To get the perfect score in PTE Academic, do not commit these errors. Practice a lot. If required, you can also take the help of certified experts with online PTE coaching.



"The pleasure which we most rarely experience gives us greatest delight."

— Epictetus





Tips For the

USA

Visa Interview



The visa interview is the final step toward studying in the US. After the grueling college admissions process, a visa interview is a last but equally important hurdle. After convincing the admissions officers about your caliber, you also have to convince the visa officer about your intention of studying in the US. It is crucial that you prepare for the interview and address all concerns of the visa officer. Going prepared for the visa interview is the only way to get the F1 visa stamped onto your passport. This article covers the most important aspects of the interview process and give some tips on how to handle the question-answer session.

1. TIES TO YOUR HOME COUNTRY

Under U.S. law, all applicants for non-immigrant visas, such as student visas, are viewed as intending immigrants until they can convince the consular officer that they are not. You must therefore be

able to show that you have reasons for returning to your home country that are stronger than those for remaining in the United States. "Ties" to your home country are the things that bind you to your home town, homeland, or current place of residence: job, family, financial prospects that you own or will inherit, investments, etc.

2. SPEAK FOR YOURSELF

Do not bring parents or family members with you to the interview. The consular officer wants to interview you, not your family.

The moments of happiness we enjoy take us by surprise. It is not that we seize them, but that they seize us.

—Ashley Montagu

3. KNOW THE PROGRAM AND HOW IT FITS YOUR CAREER PLANS

If you are not able to articulate the reasons you will study in a particular program in the United States, you may not succeed in convincing the consular officer that you are indeed planning to study, rather than to immigrate. You should also be able to explain how studying in the U.S. relates to your future professional career when you return home.

4. BE BRIEF

Because of the volume of applications received, all consular officers are under considerable time pressure to conduct a quick and efficient interview. They must make a decision, for the most part, on the impressions they form during the first minute of the interview. Keep your answers to the officer's questions short and to the point.

5. ADDITIONAL DOCUMENTATION

It should be immediately clear to the consular officer what written documents you are presenting and what they signify. Lengthy written explanations cannot be quickly read or evaluated. Remember that you will have 2-3 minutes of interview time, if you're lucky.

6. NOT ALL COUNTRIES ARE EQUAL

Applicants from countries suffering economic problems or from countries where many students have remained in the U.S. as immigrants will have more difficulty getting visas. Statistically, applicants from those countries are more likely to be intending immigrants. They are also more likely to be asked about job opportunities at home after their study in the U.S..

7. EMPLOYMENT

Your main purpose in coming to the United States should be to study, not for the chance to work before or after graduation. While many students do work off-campus during their studies, such employment is incidental to their main purpose of completing their U.S. education. You must be able to clearly articulate your plan to return home at the end of your program.

8. DEPENDENTS REMAINING AT HOME

If your spouse and children are remaining behind in your country, be prepared to address how they will support themselves in your absence.

9. MAINTAIN A POSITIVE ATTITUDE

Do not engage the consular officer in an argument. If you are denied a student visa, ask the officer for a list of documents he or she would suggest you bring in order to overcome the refusal, and try to get the reason you were denied in writing.

USA VISA PROCESS



**Be willing to share your blessings.
The only riches that last are the
ones that are given away.**

- David Khalil



Career counselling is a process that helps individuals to identify and explore career options, make informed

Career Awareness

Chetanya Career Counselling Cell

decisions about their future, and develop strategies to achieve their goals. It can be helpful at any stage of life, but it is especially beneficial for young people who are just starting out in their careers.

Career counselling can be helpful for enhancing the personality of a person, as they may be overwhelmed by the numerous options available to them. After graduating from college, graduates may feel a sense of emptiness and are often unsure about where to start their job search. Perhaps they are unsure about their education and whether they want to pursue further studies. Career counselling can be very useful for these graduates, as it can prepare them for immediate satisfaction and a long, prosperous professional life.

Chetanya Career Consultants has conducted various sessions at various locations including schools, colleges and educational institutes, this is a process

that helps students to know and understand themselves (interest, aptitude and potential) and the world of work

(career options) so that they can devise a road map to achieve their career, educational, and life goals.

Chetanya's sessions help students to learn about available resources like courses, subject specializations, university that can work along with their strengths and aptitude to choose a career path that brings satisfaction and success to them.

The goal of Chetanya Career Consultants is not only to help students make the decisions they need to make now, but to give them the knowledge and skills they need to make future career and life decisions. Career development is more than just deciding on a subject and what job students want to get when they graduate. It really is a lifelong process, meaning that throughout life they will change, situations will change, and they will continually have to make career and life decisions.





Testimonial

One of the best places in India for IELTS coaching. I did a 1 month crash course and could achieve my desired band score. The methodology and techniques used in Chetanya are outstanding. Would strongly recommend it to everyone.



I approached the institution with the expectation of good infrastructure, assistance, friendly approach and more importantly faculty competence. No doubt the institute meets all the expectations. I thank and appreciate the support provided by the staff members and the faculty.

You do not need to look anywhere else for an IELTS coach, Join Chentanya ! The teachers are extremely competent, considerate and motivating. I got high band score and it is certainly because of Chetanya's efficient and effective way of teaching by employing faster and simpler working methods !



I am really happy that I have completed my IELTS course and I was able to attempt my exams really well. I thank the Chetanya for guiding me in a proper manner and giving me so much confidence for attempting the exam. Thanks for giving me an opportunity to come and practice anytime.

It was a wonderful experience studying at Chetanya Career Consultants. I have never known such techniques in IELTS before I joined here. The techniques helped me very much in making a positive impact in my scores. I got my desired score within a month's coaching. Chetanya provides the best training for IELTS.



Hats off to Chetanya team for making my dream of flying abroad to come true. The techniques were simple and easy to learn. And learning is very easy because of the way staff teaches us in the class. So when the score came, I was not surprised at all as I got the required score to apply for visa.

My experience at Chetanya was simply superb. The classes were meticulous, disciplined and every minute was used productively. The learning was simply fun-filled which made IELTS easy to approach and master. The techniques were worth mentioning and I have got to say, it's something.



Secret of Happiness

A wealthy man lived in a city. He was a very big businessman and he was not short of anything but still he was always worried and restless. One day he went to his Hermitage to meet the sage in a village. The man told his problem to the sage that he has no shortage of anything but still he is always worried.

The sage heard his problem and said - come tomorrow, I will tell you how to stay happy and worry free.

The man reached the Hermitage of the sage at the same time the next day. He saw that the sage was looking for something outside his Hermitage.

The person said - Guruvar (sage) what are you looking for? May I help you! The sage said - I am looking for my ring, which is lost.

Hearing this, that person also started searching for his ring with the sage. Even after searching for a long time, the ring was not found, then the person asked the sage - where did your ring fall?

The sage said - My ring fell in the hut of the Hermitage, but it is very dark there, so I am looking for the ring outside the Hermitage.

The person asked with surprise - when your ring fell in the hut, why are you looking out here?

The sage said - this is the solution to your problem.

Happiness is inside you, but you are looking for it in money and foreign goods. The entire sea is inside you, but still, you are looking for water outside with a spoon. Money or property is important in life, but happiness cannot be bought only with money.

KINDNESS Corner

There are moments in our life when we start realizing the true meaning of life and its impact on others. One such feeling is 'joy of giving'. At times we realize that gaining or acquiring some 'gain' gives less pleasure than 'parting away and giving it to someone who really is in need'. It gives immense pleasure which one can only experience but it is very hard to explain. And one good thing is that one is never at loss by sharing. It is also a hard fact of life that 'pursuit of attaining something in excess' leads us nowhere and ultimately causes stress.

Sharing is not all about money or wealth. Generosity is only one of the aspects. It's about kindness, helpfulness, unselfishness, sacrifice, giving, service, love. Few words of sympathy can have a tremendous effect. Even sometimes one can feel that the kindest words that are not spoken.

There is a famous quote 'The more you give of yourself, the more you find yourself'.

This is the spirit our every visit to orphanage embodies.

